Secondary Education Major (with) Physical and Health Education (KMA) (for Freshman beginning Fall 2023)

This advising sheet lays out a basic 4-year plan with all of the components necessary to graduate and become certified in Physical and Health Education (K-12). A candidate's agreed plan should be worked out with an education advisor.

Anchor Plan (34-35 credits)

The Anchor Plan is required for all Hope College students and represents the general education liberal arts program. The following chart explains these requirements.

Requirement	Rule	Attribute
First Year Seminar	One IDS 1003 credits	FYS
Expository Writing	ENGL 113-3 credits	EW
Health Dynamics	KIN 140 -2 credits	HD
Math and Natural Science	One math cours	MA
satisfied by major-no	One NSL course 4 credits	NSL
additional courses	Any math or science course to reach 10 credits*	MNS
required	total	
Religion	One REL 100 cours credits	RL1
	One REL 200 course -3 credits	RL2
	*one course must have Christian Tenets	*TEN
Social Sciences	Both Social Science courses will be satisfied by	SS 1
*satisfied by major-no	students taking EDUC 200/1 and EDUC 457.	SS 2
additional courses		
required		
Arts and Humanities	One Arts in Practice2/3 credits	ART
The first course taken in	One Human Creative Perspectives -3 credits	HCP
the series must be at the	One Philosophical Perspectives -3 credits	PHL
	pOne Historical Perspective3 credits	HST
courses must be at the	*Prerequisite: ENGL 113 and one 100 level Arts a	ınd
200-level.	Humanities	
Human Diversities	Global Languag& credits of second levelluency	GL2
*GLP courses can also	One US Diversities courseatisfied by EDUC	USD
count in another area	200/1)	
	One Global Perspectives courses credits*	GLP
Senior Seminar	One IDS 400 level3 credits	SRS

Secondary Education Major (37 credits) K-12 grade band

*for PE/Health Majors

The secondary education sequefor all PE/Healtheducation majors is listed below and is separated by level. Level 1 courses are designed to introduce candidates to the field of heducatio Level 2 courses are designed to have candidates learn the art of teaching. During Level 2 coursework, candidates must have 50 hours of clinical experience. Level 3 courses are taken during the student teaching semester and placement will be at both are candidates learn the levels.

Course #	Course Title	Credits	

Freshman beginning FALL of EVEN years

	Fall – Year 1		Spring-Year 1	
	COURSE	CREDITS		CREDITS
Educ Courses	EDUC 200/201	4	EDUC 225/226	4
PE/Health	KIN 251/251L	4	EDUC 270	3
Courses	ENG 113 (EW)	3	GEMS 158 (MSN)	4
Anchor Plan	IDS 100 (FYS)	3	Lang (GL2)	3
7 (HOHOT FIGHT	KIN 140 (HD)	2		
		16		14
	Fall – Year 2		Spring-Year 2	
ODD/EVEN	KIN 200 (NSL)	4		
	KIN 345	4		
	REL 100 (RL1)	3		
	HST	3		
	ART	2/3		
		16		

Freshman beginning FALL of ODD years

	Fall – Year 1		Spring–Year 1	
	COURSE	CREDITS		CREDITS
Educ Courses	EDUC 200/201	4	EDUC 225/226	4
PE/Hth Courses	ENG 113 (EW)	3	EDUC 270	3
Anchor Plan	IDS 100 (FYS)	3	GEMS 158 (MSN)	4
	REL 100 (RL1)	3	Lang (GL2)	3
	KIN 140 (HD)	2		
		15		14
	Fall – Year 2		Spring-Year 2	
EVEN/ODD	KIN 160	2	EDUC 275	3
	KIN 350/352	4	KIN 330	3
	KIN 251/251L	4	KIN 453/453F	4
	REL 200 (RL2)	3	MA	3/4
	ART	2/3	HCP	3
		15-16		16/17
	Fall – Year 3		Spring-Year	3
ODD/EVEN	EDUC 285/286	4	KIN 155	2
	EDUC 287	3	KIN 301	3
	KIN 345	4	KIN 344	3
	KIN 200 (NSL)	4	KIN 455/455L	4
			HST	3
		15		15
	Fall – Year 4		Spring-Year	4

^{*}IDS 492