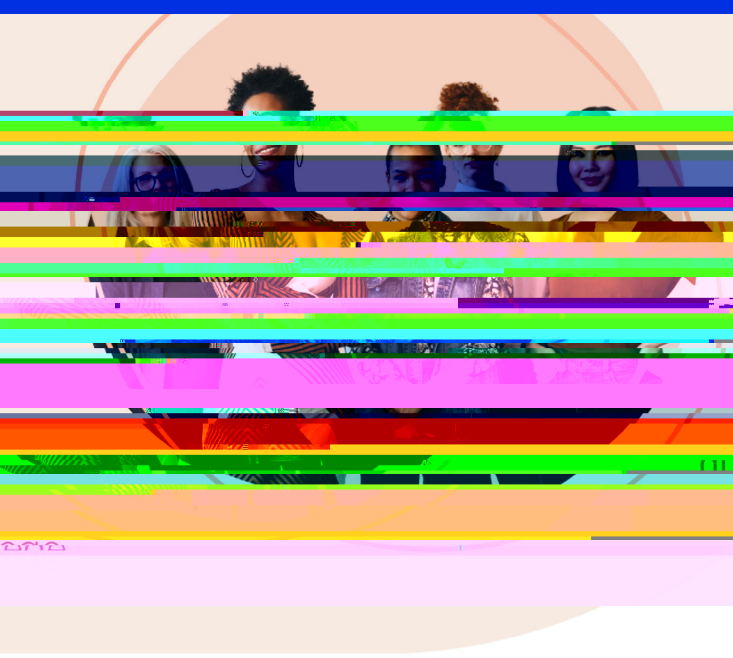
Next generation pelvic health care from home



Digital pelvic therapy available at no cost to qualifying employees as a wellness benefit.

Learn more at [illegible]

1 Expert, individualized care

Personalized, individualized care program, guided by Pelvic Health Specialists, all of whom have Doctor of Physical Therapy degrees.

2 Safe, intravaginal pod

The Bloom Pod by Elvie is an intravaginal device that measures contraction, force and lengthening of the pelvic floor muscles. It's encased in medical-grade silicone and provides real-time biofeedback in the therapy.

3 Evidence-based

Developed by leading physiotherapists, it's a tactile, engaging tool to tackle stigmatized topics and solve clinic.

4 Evidence-based

Bloom is clinical-grade, compliant, and listed by the Food and Drug Administration (FDA).

How prevalent are pelvic disorders?

1 in 4 women suffer from moderate to severe pelvic health disorders	50% of pregnant and postpartum women have pelvic floor disorders
45% of women with chronic reduced wonder productivity	10% of reproductive endometriosis
74% of women aged 40-59	1 in 3 women suffer from [illegible]